

What I Take	Why I Take It	Type of medication (<i>circle one</i>)		How Much	When	Special Notes
<i>Metformin</i>	<i>Help control my blood glucose</i>	<u>Tablet</u> Liquid	Injection Patch	<i>1000mg or 1 tablet</i>	<i>Every day with breakfast & dinner</i>	<i>Sample</i>
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